

February 2016

Hi Lites of

Lutheran Manor



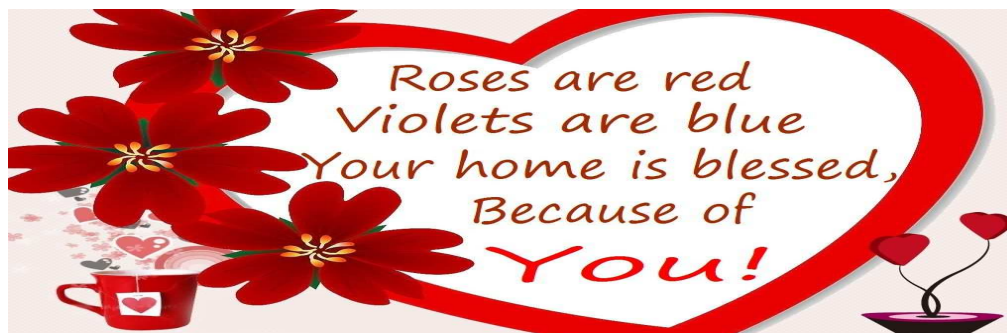


NEW RESIDENTS
Madge Gergar 104
Sandra Borger 404
Shirley Megenhardt 717
Cathy Luckock 1002
Frank Nesko 1102

February 1 (Monday)	<i>Breakfast/Valley Farms</i> Exercise Bingo Poker League	<i>9:00 a.m.</i> 10:00 a.m. 6:00 p.m. 6:30 p.m.	<i>Van Trip</i> Lounge Lounge Conf Room
February 2 (Tuesday)	Zumba <i>Lunch @Samuel Owens Restaurant in Coplay</i> Movie-Soldier Love Story Computer Class	10:00 a.m. <i>11:00 a.m.</i> 1:00 p.m. 1:00 p.m.	Lounge <i>Van Trip</i> Conf Room Comp Room
February 3 (Wednesday)	<i>Banks, CVS, \$ Store, Post Office</i> Exercise Bible Study Movie- War Room Poker League	<i>9:30 a.m.</i> 10:00 a.m. 12:30 p.m. 2:30 p.m. 6:30 p.m.	<i>Van Trip</i> Lounge Patio Lounge Conf Room
February 4 (Thursday)	<i>Wegmans</i> Chat Room Speaker-Skin Cancer Blood Pressure Check	<i>9:30 a.m.</i> 10:00 a.m. 2:00 p.m. 6:00 p.m.	<i>Van Trip</i> Patio Lounge Lounge
February 5 (Friday)	Rent Rebates Yoga <i>Lunch @ Gregory's Restaurant Bethlehem</i> Tai Chi Wii Bowling	<i>9:00 a.m.</i> 10:00 a.m. <i>11:00 a.m.</i> 12:45 p.m. 5:30 p.m.	Lounge Patio <i>Van Trip</i> Patio Lounge
February 6 (Saturday)	Coffee & Donuts Pinochle Party	8:00 a.m. 12:30 p.m.	Lounge Lounge
February 8 (Monday)	<i>Weis Market</i> Exercise Committee Meeting Rev. James Harper, Notre Dame R.C. Church, Bethlehem Bingo Poker League	<i>9:30 a.m.</i> 10:00 a.m. 1:30 p.m. 2:00 p.m. 6:00 p.m. 6:30 p.m.	<i>Van Trip</i> Lounge Conf Room Lounge Lounge Conf Room
February 9 (Tuesday)	Fastnacht for sale \$1.00 Zumba	8:00 a.m. 10:00 a.m.	Lounge Lounge

February 9 (Tuesday)	General Meeting (11th Floor responsible for snacks)	2:00 p.m.	Lounge
February 10 (Wednesday)	Leesport Flea Market/Lunch	9:30 a.m.	Van Trip
	Rev. Clark (Ash Wednesday)	9:30 a.m.	Patio
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
February 11 (Thursday)	Poker League	6:30 p.m.	Conf Room
	Chat Room	10:00 a.m.	Patio
	Rev. Larry Burd, Calvary Baptist Church, Easton	2:00 p.m.	Lounge
	Dinner @Tri-Boro Spaghetti Night	4:45 p.m.	Van Trip
February 12 (Friday)	Rent Rebates	9:00 a.m.	Lounge
	Yoga	10:00 a.m.	Patio
	Lunch/Traders Joe Market, North Wales, PA	10:00 a.m.	Van Trip
	Second Harvest	11:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
February 13 (Saturday)	Wii Bowling	5:30 p.m.	Lounge
February 13 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
February 14 (Sunday)	Valentine's Day Dinner- <i>Jim & Lori</i>	5:00 p.m.	Lounge
February 15 (Monday)	President's Day	OFFICE CLOSED	
February 16 (Tuesday)	Giant	9:30 a.m.	Van Trip
	Hunterdon Hills Playhouse NJ- "Spreading It Around Comedy"	10:00 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Art with Pat	1:30 p.m.	Lounge
	Massage	9:00 a.m.	Conf Room
February 17 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Lunch @Doughboys	11:00 a.m.	Van Trip
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 18 (Thursday)	DVD-Alfio in Concert	10:00 a.m.	Lounge
	Rev. Allen Hermansader, St. John's, UCC, Nazareth	2:00 p.m.	Lounge
February 19 (Friday)	Rent Rebates	9:00 a.m.	Lounge
	Yoga	10:00 a.m.	Patio
	Movie (AMC Tilghman 8)/Lunch @ Chris's Family Restaurant	11:00 a.m.	Van Trip
	Tai Chi	12:45 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge

February 20 (Saturday)	Soup & Hotdogs - Kato	5:00 p.m.	Lounge
February 22 (Monday)	Exercise	10:00 a.m.	Lounge
	Movie-Soldier Love Story	1:00 p.m.	Conf Room
	Dinner @Texas RoadHouse	4:00 p.m.	Van Trip
	Steakhouse Restaurant		
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 23 (Tuesday)	Breakfast/Walmart	9:00 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Computer Class	1:00 p.m.	Comp Room
	Art with Pat	1:30 p.m.	Lounge
February 24 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Speaker-Winter Health and Safety	1:30 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 25 (Thursday)	Good Store, Effort/Lunch @	8:30 a.m.	Van Trip
	Weavers Restaurant		
	Chat Room	10:00 p.m.	Patio
	Rev. Sharon Solt Harfman,	2:00 p.m.	Lounge
	Church of the Manger, UCC, Bethlehem		
February 26 (Friday)	Rent Rebates	9:00 a.m.	Lounge
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
February 28 (Sunday)	Social-Steel City	5:00 p.m.	Lounge
February 29 (Monday)	Shop Rite-Freemansburg Ave	9:30 a.m.	Van Trip
	Easton		
	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Watercolor Class	1:00 p.m.	Lounge
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room



<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Our Activities.





**STATEN ISLAND, NY
PRESENTS**

St. Patrick's Fest— From Ireland to America

Sunday, March 13, 2016

Cost: \$50.50 includes show/dinner

Van leaving at 11:30 am

**Price includes: One hour open bar,
complete luncheon, salad, choice of
three entrees, dessert, coffee/tea &
wine/soda.**



Claudie's

Corner



Eileen Guinther from
JCS Health Care

Will be here on

Thursday, February 4th at 2pm

Skin Cancer

Have you ever wondered what that little bump that looked like a freckle was on your arm? Please join us to learn about skin cancer awareness and if you may be at risk.

ALL OF US



CANCER

Refreshments will be served!

**Tips To Stay
Healthy In Winters**



Inge Allen RN, Southeastern Home Health

Will be here on

Wednesday, February 24, 2016

at 1:30pm in the Lounge

Winter Health and Safety

Learn how to stay physically, mentally, and emotionally healthy during the winter months.

Refreshments will be served!

Snack Stand

Snacks available every
Monday & Wednesday
 From 3-6pm
 In the Lounge



Soup & Hot Dogs
Saturday, February 20
5 p.m.

<u>SOUP:</u> Ham & Bean	\$3.00
<u>HOT DOGS:</u> Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS:</u>	.50
<u>DESSERT:</u> Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE:</u>	\$1.00

Entertainment by:

Kato

50/50 Drawing

Friends and Family

Welcome!



2016

Saturday	3/5	Coffee & Donuts	8:00 a.m.
Saturday	3/5	Pinochle Party	12:30 p.m.
Wednesday	3/16	Birthday Party-Majestics	5:00 p.m.
Saturday	3/19	Soup & Hot Dogs –Rehrig Brothers	5:00 p.m.





Computer Class
Tuesday, February
2 & 23
1-3 pm

Sign up with Claudie



Tai Chi
Every Friday
At 12:45 pm
In the Patio



Walkers Club
will be taking a
winter break.
Will resume in
April 2016.



Piano Playing & Singing
With Gladys
Every Wednesday
From 3-4 pm
In the Lounge



ZUMBA
Tuesday
10 am
In the Lounge



Therapy Dog
Monday, February 29
At 11:00 am
in the lounge.



MASSAGE
Wednesday, February 17
9:00-1:00 pm

If you are interested
in getting a massage
please sign-up
with Claudie.

Price: \$20.00 1/2 hour
\$40.00 1 hour
Conference Room



Coffee & Donuts
Saturday, February 6
8:00 a.m. to 10:30 a.m.

\$1.00 coffee
\$1.00 donut

\$1.00 additional donuts

Friends and Family
are Welcome.



Blood Pressure Check
Thursday, February 4
6:00 p.m.
In the Lounge



Linda will be here to do
MANICURES
Saturday, February 13th



See Claudie for an appointment.



EXERCISE
Every Monday and
Wednesday
10:00 am
In the Lounge



YOGA
Every Friday
10:00 am
Patio

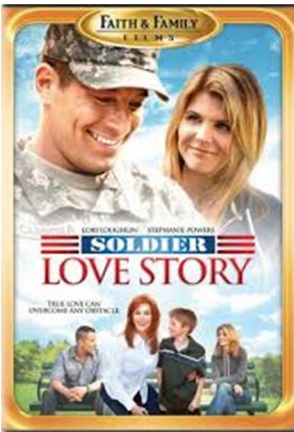
WATERCOLOR CLASS

David Michael Donnangelo
Will be here on **Monday,**
February 29th
At **1:00 pm** in the Lounge



Every Friday
At 5:30 pm
In the Lounge

NOW SHOWING



**SOLDIER
LOVE STORY**

Tuesday, February 2
&
Monday, February 22
1pm
In the conference room

In this heartwarming story about courage, love, and the power of family, a young boy's letter to a soldier serving overseas forever changes lives.



**APARTMENTS RENT
REBATE**

If you are interested in getting a **Rent Rebate**, please make sure to call Claudie for **an appointment**.

We will be doing rent rebates on:

Friday, February 5, 12, 19 & 26

Friday, March 18



9:00 am – 3:00 pm
In the Lounge

4pm Doors Open

5pm Refreshments

6pm Entertainment

SOCIAL

Sunday, February 28th



Donations requested.

Entertainment by: Steel City



Art with Pat

Tuesday, February 16 & 23
1:30 pm in the Lounge

You will be painting with acrylic paints on **black canvas**. On prepared black canvas, you will use an expanded color palette to interpret **old botanical prints**.





SERVE ONE
ANOTHER
IN LOVE.

GALATIANS 5:13, NIV

“No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.” 1 John 4:12 (NIV)

Love is in the air!! It is Valentine’s Day again...soon. It’s that time of year, you know - red hearts, pink roses, balloons, cards, candy, and more. It is a great occasion to express love and appreciation for any of your loved ones, **but it is just as important to show little acts of kindness the other 364 days of the year.**

Tradition tells us that St. Valentine (or Valentinus) was a priest and physician in third-century Rome who was known for doing good deeds, caring for the poor, healing the sick. From then on, Christians have commemorated this day in memory of Valentine's life of selfless service and ministry. Note: it's not all about romantic couple love. Rather, the emphasis is on love of neighbor, agape service love, not romantic love.

How about this year we commemorate Valentine's Day by being other-centered and honoring others in the spirit of Christian love? Get a pack of children's valentines and give them to your friends and family. Use the day as an opportunity to call, write or e-mail someone you haven't heard from for a while.



Honor Christ by serving him in the spirit of St. Valentine.
Happy Valentine's Day! -Pastor Clark

WORSHIP DURING FEBRUARY -2 PM in the Lounge (except Ash Wednesday)

Monday, Feb. 8th Rev. James Harper, Notre Dame R.C. Church, Bethlehem

Ash Wednesday, Feb. 10th 9:30am- Chaplain Clark in the Patio

Thursday, Feb 11th Rev. Larry Burd, Calvary Baptist Church, Easton

Thursday, Feb 18th Rev. Allen Hermansader, St. John’s, UCC, Nazareth

Thursday, Feb 25th Rev. Sharon Solt Harfman, Church of the Manger, UCC , Beth.

(Note: NO Worship the week of February 1st)

BIBLE STUDY- Every Wednesday at 12:30pm in the Patio. You are welcome!!

CHAT ROOM- Every Thursday at 10 am in the Patio. Come join us for dialogue about anything and everything!!

WAR ROOM- PRAYER IS A POWERFUL WEAPON- The Movie will be shown at 2:30pm on Wednesday, Feb. 3rd in the Lounge. See more information elsewhere in this *HiLites*.

**WAR ROOM- THE MOVIE
DVD**

**PRAYER IS A POWERFUL
WEAPON**

**WEDNESDAY, FEBRUARY 3rd at
2:30pm**

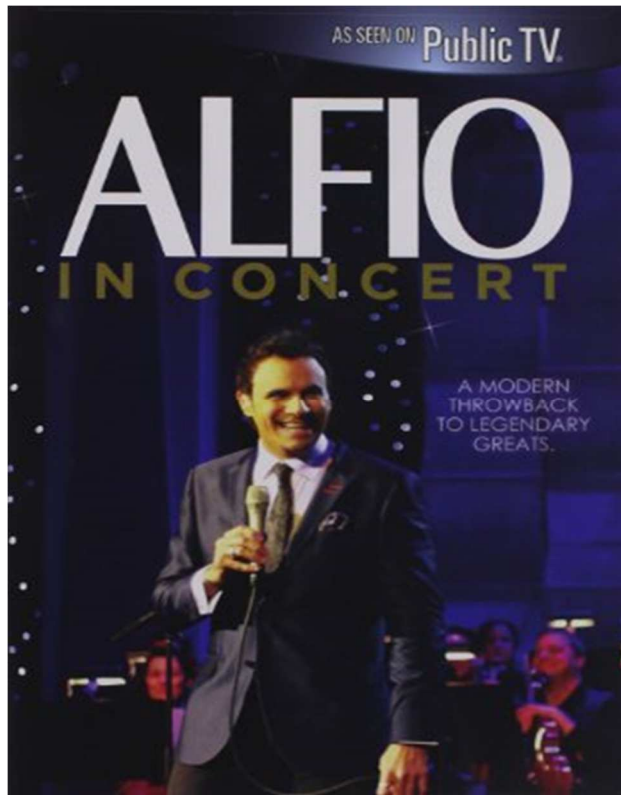
In the LOUNGE

War Room is a 2015 American Christian drama film. Director Alex Kendrick says "We called it '*War Room*' because, like the military, we should seek God for the right strategy before going into combat. By combat, I mean daily issues we face in our culture."



"A compelling drama with humor and heart that explores the power that prayer can have on marriages, parenting, careers, friendships, and every other area of our lives. Tony and Elizabeth Jordan have it all – great jobs, a beautiful daughter, and their dream house. But appearances can be deceiving. Tony and Elizabeth Jordan's world is actually crumbling under the strain of a failing marriage. While Tony basks in his professional success and flirts with temptation, Elizabeth resigns herself to increasing bitterness. But their lives take an unexpected turn when Elizabeth meets her newest client, Miss Clara, and is challenged to establish a "war room" and a battle plan of prayer for her family. As Elizabeth tries to fight for her family, Tony's hidden struggles come to light. Tony must decide if he will make amends to his family and prove Miss Clara's wisdom that victories don't come by accident.

JOIN US ON WED., FEBRUARY 3rd at 2:30pm in the LOUNGE



ALFIO IN CONCERT – DVD

FEBRUARY 18th at 10am

In the Lounge at Lutheran Manor

ALFIO is an Australian-Italian tenor, songwriter, musician, and composer. He began singing at a very early age and started singing professionally at the age of 17, concentrating on recorded music and concerts. Alfio has performed

in Australia, the United States, Europe, and Asia.

This DVD is from ALFIO's 2015 National PBS television broadcast and includes 4 bonus tracks not seen on the TV special: "**Just Say I Love Her**," "**Where Do I Begin**," "**Tutto Tu**" and "**I Said I Love You**." It features world class renditions of adored favorites from Sinatra's "**My Way**" to Bocelli's "**Con Te Partiró**." Gifted songwriter ALFIO performs a selection of original compositions including fan favorites "**After Love**" and "**Our Dream**." As he takes the U.S. by storm, ALFIO proves himself as one of the greatest voices in contemporary music today.

COME ENJOY THIS FABULOUS TENOR and REFRESHMENTS.

---Sponsored by the Chat Room

Valentine's Day Dinner

Sunday, February 14, 2016

5 pm in the Lounge (Doors open at 4 pm)

COST:

\$10.00 per person

\$11.00 guest (limit 2)

Entertainment by:

Jim & Lori

MENU

Roast Beef Gravy

Parsley Potato

Baby Glazed Carrots

Tossed salad with assorted dressing

Cherry Pie

Coffee and Tea

Soda & Water \$1.00



Coordinator: Esther Heimbach

Valentine's Day Dinner

Sunday, February 14, 2016

Put slip under **Marge Bachemin's** door #705 with cash in envelope.

NAME: _____

APT# _____

PHONE: _____

of Guests _____

Deadline for Reservations, Wednesday, February 10th





Van Trips



March 2016

DATE	DAY	TRIP	TIME
March 1	Tuesday	Giant	9:30 a.m.____
March 2	Wednesday	Dinner @Blue Monkey Sports Restaurant- Clam Night Catasauqua	4:00 p.m.____
March 3	Thursday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
March 6	Sunday	Philadelphia Flower Show/Lunch Cost:\$27.00	9:30 a.m.____
March 7	Monday	Breakfast @Hometown Diner/Walmart	9:00 a.m.____
March 9	Wednesday	Weis Market	9:30 a.m.____
March 10	Thursday	Dinner @Tri-Boro Spaghetti Night	4:45 p.m.____
March 11	Friday	Allentown Farmers Market/Lunch @ Ritz Barbecue	9:30 a.m.____
March 13	Sunday	Staten Island NY, St Patrick's Fest Cost: \$50.50	11:30 a.m.____
March 15	Tuesday	Breakfast/Valley Farms	9:00 a.m.____
March 18	Friday	Lunch/Movie @ Carmike	11:00 a.m.____
March 21	Monday	Shop Rite-Freemansburg Ave Easton	9:30 a.m.____
March 22	Tuesday	Lunch @ Applebee's	11:00 a.m.____
March 24	Thursday	Dinner @Logan's Roadhouse	4:00 p.m.____
March 25	Friday	Shopping @ Lehigh Valley Mall	9:30 a.m.____
March 28	Monday	Wegmans	9:30 a.m.____
March 29	Tuesday	Shopping @ Hobby Lobby/Kohl's/Lunch	9:30 a.m.____
March 30	Wednesday	Lunch @ Boston Market	11:00 a.m.____
March 31	Thursday	Giant	9:30 a.m.____

Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.



Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

FEBRUARY 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Exercise 6:00 Bingo 6:30 Poker League	2 10:00 Zumba 1:00 Movie -Soldier Love Story 1:00 Computer Class	3 10:00 Exercise 12:30 Bible Study 2:3:0 Movie -War Room 6:30 Poker League	4 10:00 Chat Room 2:00 Speaker -Skin Cancer 6:00 Blood Pressure Check	5 9:00 Rent Rebates 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	6 8:00 Coffee & Donuts 12:30 Pinochle Party 
7	8 10:00 Exercise 1:30 Committee Mtg 2:00 Rev James Harper, Notre Dame R.C. 6:00 Bingo	9 8:00 Fastnacht 10:00 Zumba 2:00 General Meeting 	10 9:30 Rev Clark (Ash Wednesday) 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	11 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist Church, Easton	12 9:00 Rent Rebates 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi 5:30 Wii Bowling	13 9:30 Manicures by Appointment 
14 5:00 Valentine's Day Dinner 	15 OFFICE CLOSED 	16 10:00 Zumba 1:30 Art with Pat 	17 9:00 Massage 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	18 10:00 DVD-Alfio in Concert 2:00 Rev Allen Hermansader, St John's, UCC, Nazareth	19 9:00 Rent Rebates 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	20 5:00 Soup & Hotdogs 
21	22 10:00 Exercise 1:00 Movie -Soldier Love Story 6:00 Bingo 6:30 Poker League	23 10:00 Zumba 1:00 Computer Class 1:30 Art with Pat	24 10:00 Exercise 12:30 Bible Study 1:30 Speaker - Winter Health and Safety 3:00 Piano Playing	25 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger, UCC, Bethlehem	26 9:00 Rent Rebates 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	27
28 5:00 Social 	29 10:00 Exercise 11:00 Therapy Dog 1:00 Watercolor Class 6:00 Bingo 6:30 Poker League		